



News from the Legacy Community Alliance for Health

Appleton using LCAH mini grant to help reach underrepresented communities

Following the [LCAH Community Engagement training this past April](#), LCAH offered \$1000 mini grants to participating communities to help fund engagement activities that support their health equity work. To receive the grant, communities must complete a short community engagement plan. Once the plan is approved by LCAH, the funds are released. That's it!



So far, two communities have been approved for the mini grant. Below, Appleton, one of the communities approved, describes how they are using their mini grant funds to enhance their health equity work. If your community hasn't yet completed the steps to receive its mini grant, contact us today to finish the process and get your funds!

"The City of Appleton wants to better understand the health needs of their residents and work to reduce health inequities in their community. Our goal is to add to existing data sets such as: key leadership surveys, random adult phone surveys and the Youth Risk Behavioral Surveillance Study (YRBSS) .

We are talking directly with people who are often underrepresented or where community resources may be helpful for targeted members of the community though a series of listening sessions. To date Appleton has reached out to marginalized groups such as people of color, residents with physical disability, community members with limited resources, youth, and the LGBTQ community. Each of these listening sessions is scheduled for a minimum of one hour. Community leaders and elected officials have been involved... [click here to continue reading](#).

[The Impact of Racism on Children's Health](#) *The New York Times*, August 12th, 2019

[Bringing Together Old and Young to Ease the Isolation of Rural Life](#) *National Public Radio*, August 7th, 2019

[3 Guidelines for Prioritizing Healthy Communities in Urban Planning](#), *Meeting of the Minds*, May 13th, 2019

[To Improve Health Equity, Rural America Must be Part of the Frame](#), *Robert Wood Johnson Foundation*, May 2nd, 2019

Learning Opportunities

[National Civic League Promising Practices Webinar: Improving Health and Fitness through Inclusive Community Challenges](#), August 28, 2019, 1:30 CT

[America Walks Webinar: Community Outreach Strategies for Health](#), September 11, 1:00 CT.

Funding Opportunities

[Foundation for Rural Service Community Grant Program](#): Grants support quality of life efforts in rural communities nationwide. Application deadline: September 13, 2019.

[Robert Wood Johnson Foundation Pioneering Ideas Brief Proposals](#): Funds projects to promote RWJ's mission to build a culture of health nationwide. Application deadline: October 15, 2019.

[US Department of Health and Human Services Rural Health Network Development Program](#): Funds integrated health networks in rural communities nationwide. Application deadline: October 16, 2019.

[Robert Wood Johnson Foundation Culture of Health Prize 2020](#): Funds efforts by communities to reduce health disparities and create opportunities to thrive for all. Application deadline: November 4, 2019.

If you have questions about the Legacy Community Alliance for Health, or would like more information, contact Mariah Young-Jones at myoungjones@cows.org

